# **Statement of Health Made Easy**



## NEW: Digitized Statement of Health (SOH) Process

As part of our commitment to continually enhance our products and services, MetLife has created an online SOH process for customers currently using paper SOH forms. This new capability provides a faster, paperless SOH experience for applicants and offers them the opportunity to check their SOH status online.

### What's next?

Digitized Statement of Health will be available for customers starting on September 1, 2021.

#### How does this work?

- Employee/member enrolls for Life and/or Disability as they do today and may be required to complete a Statement of Health
- With the new process, a unique SOH link will be sent to the employee/member to access their online SOH
- Upon accessing the URL via desktop, tablet or mobile, the applicant can digitally complete their Statement of Health form (all data automatically saves should the applicant need to log back in to complete the form at a later time)
- The applicant will be asked to provide their dependent's email address to send them a link to use the digital experience as well, or they may print/sign/mail if they choose

### What you need to do:

**Contact** your representative at PlanSource by **August 4, 2021** if you <u>do not</u> want this digitized functionality enabled. Once the digitized functionality is turned on **September 1**, it can be turned off at a later date if needed and the SOH process would then revert back to your previous set up (which either involve delays in sending your employees access to the online Statement of Health form or require them to submit a paper form).

Note:

Only applicants who reside in the US or US Territories (Guam, Northern Mariana Islands, Puerto Rico or US Virgin Islands ONLY) are allowed to complete their SOH form online. Otherwise, please provide them with a paper SOH form. Individuals residing outside of the US or in a US territory that is not listed above must be on US payroll and be approved by MetLife before being provided with an SOH form.

Nothing in these materials is intended to be advice for any particular situation or individual. Like most group insurance policies, MetLife group insurance policies contain certain exclusions, limitations and requirements for maintaining coverage in force. Please contact MetLife for costs and complete details. Only upon submission of a complete Statement of Health form will the coverage be considered by Metropolitan Life Insurance Company NY, NY. Coverage will be effective in accordance with the applicable policy and certificate after approval by Metropolitan Life Insurance Company.



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